



Senior Center

Monday– Friday 9:00 - 4:30
 Supervisor: Jessica Button
 Address: 320 Old Dayton Valley Rd
 Phone #: (775)246-6210
 www.lyon-county.org

Menu February 2026

Monday-Friday:

Lunch 11:30-12:30

Menu Subject to Change

1/2 Pint Milk Served Daily

Age 60+ : \$2 Suggested Donation

Under 60 : \$7 Fee

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Chicken Tenders -Tater Tots -Corn -Ranch Dipping Sauce -Fruit of the Day -100% Juice</p>	<p>3 Pesto Chicken Florentine w/ Penne -Tossed Salad -Creamy Italian Dressing -Fresh Strawberries -7 Grain Bread -Smart Balance ADSD#182</p>	<p>4 Meatball Sandwich -w/Mozzarella & WW Hoagie Roll -Broccoli -Fruit of the Day -100% Fruit Juice</p>	<p>5 Sweet & Sour Chicken -Brown Rice -Peas & Carrots -Fresh Spinach -FF Catalina Dressing -Smart Balance ADSD#11</p>	<p>6 Sheet Pan Shrimp Taco -Spanish Rice -Refried Beans -Sour Cream - Broccoli Slaw -100% Fruit Juice</p>
<p>9 Breaded Fish Square -w/ Cheese & WW Bun -Hushuppies -Chickpea Salad -Pears -100% Juice</p>	<p>10 Chicken Mall Recipe (Panda Express copycat) -Brown Rice -Peas -Asian Slaw -100% Juice</p>	<p>11 Sloppy Joe on WW Bun -Baked Beans -Carrots -Fruit Cocktail ADSD#34</p>	<p>12 Honey Lemon Chicken -Garlic & Red Pepper Penne -Cracked Wheat Bread -Brussel Sprouts -Garden Salad -Creamy Italian Dressing -Peaches ADSD116</p>	<p>13 Valentine's Day Lunch Meatloaf -Scalloped Potatoes -Garlic Sautéed Spinach -Fresh Fruit -100% Juice -Dessert</p>
<p>16 Closed for Presidents Day</p>	<p>17 Country Fried Steak -Mashed Potatoes -Gravy -Mixed Veggies -Fruit of the Day -100% Juice</p>	<p>18 Roma Burger -Corn on Cob -Baked Beans -Lettuce/Ketchup/Mayo -Cantaloupe ADSD#92</p> 	<p>19 Baked Fish Fillet -French Baked Potatoes -Garden Salad -Balsamic Vinaigrette -Creamy Coleslaw -Strawberries ADSD#6</p>	<p>20 Beef Taco w/cheese -Spanish Rice -Cowboy Caviar (beans, corn, tomatoes, onion, bell pepper, avocado) -Tortilla Chips -Sour Cream -100% Juice</p>
<p>23 Cheeseburger -WW Bun -Tater Tots -Corn -Four Bean Salad -100% Juice</p>	<p>24 Philly Cheesesteak Pasta -Garlic Bread -Broccoli -Salad -Dressing -100% Juice</p>	<p>25 Baked Chicken Tenders -French Baked Potatoes -Mixed Green Salad -Honey Dressing -Carrot & Raisin Salad -WW Bread ADSD#123</p>	<p>26 Loaded Baked Potato Soup -Green Beans -WW Bread -Copicat Olive Garden Salad -Dressing 100% Juice</p>	<p>27 Baked Fish Scandia Brown Rice WW Roll Mixed Veggies Colorful Salad Tropical Fruit Cup ADSD #112</p>

*condiments will be provided if available

When available, Smart Balance will be served with bread/roll