



Dayton Senior Center

Monday– Friday 9:00 - 4:30
 Supervisor: Jessica Button
 320 Old Dayton Valley Rd
 Phone: (775)246-6210
 jbutton@lyon-county.org

Menu March 2026

Monday-Friday:

Lunch 11:30-12:30

Menu Subject to Change

1/2 Pint Milk Served Daily

Age 60+ : \$2 Suggested Donation

Under 60 : \$7 Fee

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Hotdog on WW Bun -Ketchup/Mustard/Relish -Baked Beans -Steamed Carrots -Fruit of the Day -100% Juice</p>	<p>3 Beef Vegetable Soup -WW Roll -Tuna Macaroni Salad -Tropical Fruit Cup ADSD#19</p>	<p>4 Parmesan Garlic Fish -WW Penne -WW Bread -Coleslaw -Fruit of the Day -100% Juice</p>	<p>5 Sheet Pan Hawaiian Chicken -Baked Beans -Broccoli -Fruit of the Day -100% Juice</p>	<p>6 Creamed Beef -Herbed Vegetable Medley -Baked Potato -WW Bun -Pineapple ADSD#107</p>
<p>9 Cheeseburger on WW Bun Mixed Veggies -Garbanzo Salad -Thousand Island Dressing -Fruit of the Day -100% Juice</p>	<p>10 Italian Wedding Soup (Ground Turkey, veggies, cheese tortellini) -WW Roll -Four Bean Salad -Fruit of the Day -100% Juice</p>	<p>11 Salisbury Steak -Mashed Potatoes -Gravy -Green Beans -Fruit of the Day -100% Juice</p>	<p>12 Chicken w/Sherry Mushroom Sauce -WW Roll -White Bean & Veggie Salad (1 cup) -Fruit of the Day -100% Juice</p>	<p>13 Lemon Baked Fish -Tomato Soup -Peas & Carrots -Spiced Applesauce -Honey Wheat Bread -Jam -Ginger Cookies ADSD#140</p>
<p>16 Chicken Patty -WW Bun -Lettuce/Mayo -Four Bean Salad -Peas & Carrots -Diced Pears</p>	<p>17 Corned Beef -Irish Champ (Mashed Potatoes & Green Onions) -Gravy -Roasted Carrots -Fruit of the Day -100% Juice -Dessert</p>	<p>18 Turkey Chili -Cornbread -Mixed Green Salad -LSLF Italian Dressing -Ambrosia ADSD#13</p>	<p>19 Chicken Parmesan Green Beans Tossed Salad SF Italian Dressing Pineapple Chunks ADSD#184</p>	<p>20 BBQ Pork Sandwich -WW Bun - Carrots -Coleslaw - Cottage Cheese & Fruit</p>
<p>23 Beef Ravioli w/ Marinara -WW Pasta -Broccoli -Fruit of the Day -100% Juice</p>	<p>24 Seasoned Chicken Nuggets -Green Beans with Mushrooms -Mashed Sweet Potatoes -Tossed Salad -Creamy Italian Dressing -Mixed Berry Cup ADSD#166</p>	<p>25 Honey Walnut Shrimp -Brown Rice -Green Beans -Mandarin Orange Salad (mandarin, pomegranate, walnuts, goat cheese & mandarin vinaigrette) -100% Juice</p>	<p>26 SW BBQ Chicken Burger -Baked Beans -Carrots -Pineapple ADSD#150</p>	<p>27 Mediterranean Beef Skillet (Beef, WW Pasta, Tomatoes, Spinach, Black Olives & Feta Cheese) -Black Bean & Corn Salad (1 cup) -100% Juice</p>
<p>30 Baked Fish Fillet -French Baked Potatoes -Garden Salad -Balsamic Vinaigrette -Creamy Coleslaw -Strawberries ADSD#6</p>	<p>31 Burger Stew -Brown Rice -Broccoli -Cornbread -Tropical Fruit Cup ADSD#143</p>			<p>When available, Smart Balance will be served with bread/rolls Condiments provided if available</p>