

Organised by:

The Mayor of Rye,



For more info & list of ingredients:
www.ryemutualaid.org/cooksimple



CHEF JON & REBEKAH PRESENT

COOK SIMPLE

Demos of simple yet nutritious recipes on a budget
and how to make these vegan or vegetarian too

2 DECEMBER 8PM - COTTAGE PIE, BOLOGNESE & CHILI

9 DECEMBER 8PM - CURRY NIGHT

16 DECEMBER 8PM - TAGINES & COUSCOUS

23 DECEMBER 8PM - CHRISTMAS SPECIAL

Join at <https://us02web.zoom.us/j/89156709403>
Passcode '123456'