

Health/Human Growth and Development Sexual Health Education

[Also: **2125AP** (revised)]

The Central Valley School District Board of Directors has determined that all students be provided instruction in comprehensive sexual health education, consistent with state law.

In grades K-3 instruction will be social and emotional learning that is consistent with the social and emotional standards and benchmarks adopted by the Office of Superintendent of Public Instruction (OSPI).

Comprehensive sexual health education instruction provided by the district to students in grades 4-12 will be medically and scientifically accurate, age appropriate, and inclusive of students regardless of their protected class status under Chapter 49.60 RCW. Abstinence will not be taught to the exclusion of other instruction on contraceptives and disease prevention. The district's comprehensive sexual health education program will be consistent with the *Guidelines for Sexual Health Information and Disease Prevention* developed by the Department of Health and the Office of Superintendent of Public Instruction, the Health Education K-12 Learning Standards adopted by OSPI, and other provisions of RCW 28A.300.475.

Instructional materials will be chosen from a list provided by OSPI or will be identified or developed by the district and reviewed using comprehensive sexual health education curriculum analysis tools provided by OSPI.

The superintendent will provide parents/guardians an opportunity to review the materials to be used, including or providing electronic access, will provide information on excluding their child from sexual health education instruction, and will grant all such requests.

The superintendent or their designee will annually identify to OSPI any curricula used to provide comprehensive sexual health education and how the provided classroom instruction aligns with legislative requirements.

Human Growth and Development shall be taught in the classrooms of the district as an integral part of the regular course of study in grades K-12. These concepts shall be integrated into the instructional program as appropriate to grade level and course of study. Concepts of the anatomy and the physiology of human reproduction, as well as the characteristics or qualities that distinguish between maleness and femaleness, including the psychological, physiological, and sociological processes experienced by an individual, shall be taught in specific classes. Additionally, Acquired Immunodeficiency Syndrome (AIDS) prevention education shall be taught at least once each school year, beginning no later than the fifth grade.

The district believes the purpose of Human Growth and Development education is to serve as a resource, to encourage communication between parents and students, and to help students acquire factual knowledge, skills, attitudes, and values which shall result in behavior that contributes to the well-being of the individual, the family, and society. The district recognizes that parents have the primary responsibility for the education of children in the area of human sexuality.

Any parent/guardian/custodian who wishes to have his/her child excused from any planned instruction in the anatomy and physiology of human reproduction or human sexuality may do so upon filing a written request with the building principal. No student may be required to participate in AIDS prevention education if the student's parent/guardian/custodian, having attended one of the district's presentations, objects in writing to the building principal concerning the student's participation. Alternative educational endeavors shall be provided for those so excused and the student's grade and credit shall not be adversely affected.

~~The district shall involve parents and school district community groups in the planning, development, evaluation, and revision of any instruction of the anatomy and physiology of human reproduction and human sexuality offered as a part of the school program.~~

Legal Reference: [RCW 28A.230.070 AIDS Education in Public Schools](#)
[RCW 28A.300.475 Comprehensive sexual health education – Curricula – Participation excused – Parental review](#)
[RCW 28A.600.480\(2\) Reporting of harassment, intimidation, or bullying – Retaliation prohibited – Immunity](#)
[WAC 392-410-140 Sex Education Sexual health education – Definition – Optional course or subject matter – Excusal of students](#)

Cross References [2020 - Course Design, Selection, and Adoption of Instructional Materials](#)
[2126 - HIV-AIDS Prevention Education](#)

Status: Active
Adoption Date: 06.13.2005
Central Valley School District No. 356
Classification: Encouraged Important
Revised Dates: xx.xx.26