

Spring Fling Sliders



Get ready to bite into the flavors of spring with these adorable mini burgers topped with fresh lettuce, juicy tomatoes, and creamy avocado.

Ingredients

- 1 pound Ground beef
- 4-6 Buns
- 1 head Lettuce
- 2 Tomatoes
- 1 Avocado
- 1/4 cup Mayonnaise
- 1 cup, shredded Cheddar cheese

Instructions

1. Preheat grill to medium-high heat. Form beef into small patties.
2. Grill patties for 4-5 minutes per side, or until cooked to desired doneness.

Servings: 4

Nutrition

- **calories:** 400
- **protein:** 30g
- **carbs:** 20g
- **fat:** 25g
- **fiber:** 2g
- **sugar:** 5g