Mediation Mastery

Part XI

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Hey, welcome back to session 11 of *Meditation Mastery*! I want to make these bonus sessions so that you are ready to manifest!

There is this beautiful plant that I have and next to it is this bottle of water, as I use it to water the plant. The bottle is kept closed and about 1 foot apart from the tree, and now the bottle is green**. I thought maybe the outer surface was green but when I looked inside, the water inside is green as well! I was shocked, you see, the bottle was closed and within 24 hours the water turned green!**

Science will give an explanation for it but this is so fascinating for me that this is what good company can make. **Even though they may not know about the consciousness, your good tendencies will change your company!**

Krishna says: "Elevate the self by the self, do not weaken the self. The Self indeed is the friend of the self by which the self can be subdued."

"The universal consciousness is the friend of the individual consciousness by which the self(tendencies) can be subdued."

He is saying use your consciousness to subdue your tendencies.

That's why it's so important that you do the two-minute meditation and do the things I've told you in the previous sessions. Keep getting better at it every single day and suddenly you will notice the power that is emanating from you.

People will see light coming from you because your silent Sage is awake. Whatever you speak will touch people, everything you touch will turn to gold!

All of this you will see without self effort, willpower or perseverance, you will do it because your silent Sage is awake, you can ask and you will receive.

Thank you and God bless.

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