

Week 6 - Opening Video Marriage as a Path of Meaning

This week brings us to a deeper question.

Not what you should do, but who you are becoming.

Over the previous weeks, you learned to see systems, to stay yourself under pressure, to understand development, and to clarify meaning.

Week 6 builds on all of that.

This week is about choice.

Not rushed choice. Not fear driven choice.

But choice made from steadiness and integrity.

This week will invite you to consider marriage not as something meant to complete you, but as something that calls you into adulthood.

That may involve staying. It may involve changing how you relate. It may involve leaving.

What matters is not the outcome.

What matters is whether the choice is conscious.

A quick expectation for this week.

Move slowly. Listen for your deeper values. Notice where you feel pressure versus clarity.

The exercise that follows is about aligning choice with integrity.

That alignment is what brings dignity, regardless of what comes next.

Let's begin.